

**University of Baghdad  
College of Nursing  
BSN. Program**

*Course Syllabus*  
**Health Psychology for Nurses**

**2022/2023  
1<sup>st</sup> Semester**

**This syllabus is subject to change. Changes will be announced to students.  
It is the responsibility of the student to comply with any changes.**

**Created: February 9, 2017 by ©Dr. Qahtan Q. Mohammed  
Revised: September 06, 2022**

## General Information & Policies

Course Number and Title: HPN 410 Psychology for nurses

علم النفس الصحي للمرضيين

Number of Credit Hours: (2) credits: (2) theoretical; 15<sup>th</sup> weeks

Times & Places: Thursday @ 10:30 AM - 12:30 PM , Hall No5 (2<sup>nd</sup> Flour, Department building)

Prerequisites: Health promotion

Course Description: This course will provide students with basic knowledge and understanding of various concepts of mental process and explain the abnormal behavior with management and adaptation.

Teaching Methods: Lectures, handouts & discussions, Google Classroom shall be used for online discussion (Class Code: mlpj62y).

Evaluation Methods: Unit exam(s)

Faculty, Contact Information, & Office Hours:

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Office hours ► See my weekly schedule!

Required Textbook(s) and Other Materials:

Richard Gross & Nancy Kinnison; Psychology for Nurses and Health Professionals; Second edition,2014.

Academic Dishonesty: Academic honesty is required in all aspects of a student's relationship with the university.

### Course Objectives

**By the completion of this course the student will be able to:**

1. Understand Psychological concepts, Principles and branches.
2. Explain human behaviors on the bases of psychological concepts and principles.
3. Recognize human motivation and emotions.
4. Apply Psychological principles and theories in the practical daily life.
5. Apply learning theories in psychoeducation.

### Course Requirements

To complete the course successfully, the student must:

1. Adhere to the policies stated in this syllabus.
2. Complete and submit each requirement by the due date and time. Failure to do so without prior permission will result in a loss of 5% of the points per school day late.
3. Attend all classes and other scheduled requirements. No points will be given for attendance, but absence may affect the student's ability to obtain information needed for successful completion of the course. Course activities are designed to optimize learning in the psychiatric ward.
4. Earn 30% of the total grade. The aforementioned grade in NURS courses **is the minimum passing grade at the graduate level.**

### Evaluation & Grading

#### Distribution of Points:

<b>Requirements</b>	<b>Possible Points</b>
The midterm exam (theoretical)	30%
<b>The total of 30% before the final exam.</b>	
The Final exam	70%
<b>Total</b>	<b>100%</b>

### Course Schedule and activities

Week	Date of Class	Unit to be Covered and/or Other Activity	Assigned Readings to be Completed Before Class
W1	06-9-2022	- Introduction to Psychology and Health Psychology	Read unit @Richard Gross & Nancy Kinnison(2014)
W2	13-9-2022	- Motivation	Read unit @Richard Gross & Nancy Kinnison(2014)
W3	20-09-2020	- Thinking and Learning	Read unit @Richard Gross & Nancy Kinnison(2014)
W4	27-09-2022	- Emotions	Read unit @Richard Gross & Nancy Kinnison(2014)
W5	04-10-2022	- Frustration and Conflict	Read unit @Richard Gross & Nancy Kinnison(2014)
W6	11-10-2022	<b>The first midterm exam</b>	
W 7	18-10-2022	- Management of Chronic Illness	Read unit @Richard Gross & Nancy Kinnison(2014)
W8	25-10-2022	- Personality	Read unit @Richard Gross & Nancy Kinnison(2014)
W9	01-11-2021	- Stress	Read unit @Richard Gross & Nancy Kinnison(2014)
W10	08-11-2021	- Relaxation	Read unit @Richard Gross & Nancy Kinnison(2014)
W11	15-11-2022	<b>The second midterm exam</b>	
W12	22-11-2022	- Stress	Read unit @Richard Gross & Nancy Kinnison(2014)
W13	29-11-2022	- Relaxation	Read unit @Richard Gross & Nancy Kinnison(2014)
W14	06-12-2022	- Memory and Forgetting	Read unit @Richard Gross & Nancy Kinnison(2014)
W15	13-12-2022	- Sensory and perception process	Read unit @Richard Gross & Nancy Kinnison(2014)

**Note: Make sure to submit each assignment before its due date.**