

**University of Baghdad**  
**College of Nursing**  
**BSN Program**  
*Course Syllabus*  
**Health Promotion**

**2022/2023**  
**2<sup>nd</sup> Semester**

**This syllabus is subject to change. Changes will be announced to students.**

**It is the responsibility of the student to comply with any changes.**

**Created: February 22<sup>nd</sup>, 2023 by © Dr. Arkan Bahlol, Dr. Mohammed Baqer Habeeb Abd Ali**

**Revised: February 22, 2023**

**Course Description:** HealthPromotion

**General Information & Policies**

**Course Number and Title:** HPR 405 Health Promotion  
تعزيز الصحة

**Number of Credit Hours:** (2) **Credit hours:** 2 credits/ **One Semester:** Theory 2 Hours

**Times & Places:**

Days	Curriculum	Time	Lecturers	Place
Sunday	Health Promotion	11:00-1:00	م.د. محمد باقر حبيب عبد علي	ق 4

**Course Calendar:**

(2) Hours Theory/ week for (15) week, Total: 30 Hours

**Prerequisites:** None

**Lecturers:** Dr. Mohammed Baqer Habeeb Abd Ali

**Course Description:**

This course This course introduces the registered nurse to the concept of wellness across the lifespan. Students will examine the concepts of health and wellness, the determinants of health behavior, national health status, the history of health education and health promotion. The student will recognize health promotion as an important foundation for population-based health care.

**Teaching Methods:**

Lectures, group discussion, and problem-based learning.

**Teaching media:**

1. Hand out, Data show,
2. Slides on PowerPoint

**Evaluation Methods:**Unit exam(s), daily exam, and group discussion.

**Faculty, Contact Information, & Office Hours:**

Dr. Mohammed Baqer Habeeb Abd Ali, Room No.2 in Community Health Nursing  
Department- College of Nursing- University of Baghdad  
[mohammed.b@conursing.uobaghdad.edu.iq](mailto:mohammed.b@conursing.uobaghdad.edu.iq)

Office hours ► See my weekly schedule!

### **Required Textbook(s) and Other Materials:**

Edelman, C. L., & Kudzma, E. C. (2018). *Health promotion throughout the life span* (9 ed.). St. Louis, Missouri, USA: Elsevier, Inc.

Pender, N. J., Murdaugh, C. L., & Parsons, M. A. (2014). *Health promotion in nursing practice* (6 ed.). Harlow, UK: Pearson Education Limited.

Snelling, A. (2014). *Introduction to health promotion*. San Francisco, CA, USA: John Wiley & Sons, Inc.

**Academic Dishonesty:** Academic honesty is required in all aspects of a student's relationship with the university. **Students are advised that cheating and plagiarism are not tolerated.** If that happens, the student shall earn zero and be under the legal circumstances.

### **Course Objectives**

**By the completion of this course, the students will be able to:**

#### **1.0 Member of the Profession:**

1.1 Demonstrate responsibility and accountability in the quality of care for patients, families, populations and communities.

1.2 Promote the profession of nursing through advocacy and leadership activities.

#### **2.0 Provider of Patient-Centered Care**

2.1 Incorporate theoretical knowledge and evidence-based research findings in the coordination of care for patients, families, populations, and communities.

2.2 Synthesize knowledge from comprehensive health assessment data and evidence-based research to provide care for culturally, ethnically, and socially diverse patients, families, populations, and communities

2.3 Develop, implement, and evaluate teaching plans for patients, families, populations, and communities to address health maintenance, health promotion, and risk reduction

### **Course Requirements**

**To complete the course successfully, the student must:**

1. Adhere to the policies stated in this syllabus and printed in the *College of Nursing Student Handbook*.
2. Complete and submit each assignment by the due date and time. Failure to do so without prior permission will result in a **loss of 5%** of the points possible for the assignment per school day late.
4. Earn a grade of **50% or higher**. The aforementioned grade in NURS courses **is the minimum passing grade at the graduate level**.
5. Attend classes! Based on *The Student Guideline*, the student shall be marked “failure” if (s)he absents 10% of the total hours.
6. If a student does plagiarism (even in ONE paragraph or sentence), (s)he will be penalized based on the rules of academic dishonesty.

**Evaluation & Grading**

**Distribution of Points:**

20%		Unit Exam
10 %		Quizzes
70%		Final exam
<b>100%</b>		<b>Total</b>

**Course Schedule and activities**

\*All the above objectives are based on specific criteria that are explained in the grading rubrics.

**Content:**

<b>Date of Class</b>	<b>Unit to be Covered and/or Activity</b>	<b>Assigned Readings to be Completed Before Class</b>	<b>Course Learning Outcomes</b>
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<b>Week 1 &amp; 2</b>	<b>Part 1. An Overview of Health and Health Promotion</b> *Health and Illness *Wellness *Health-focused Individual *Health –focused Family *Health-focused Community *Measurement of Health *Disease Prevention *Disease protection *Health Education * Health Promotion	Unit I - An Overview of Health and Health Promotion	1 & 2
<b>Week 3</b>	<b>Theories of Human Behavior and Health</b> Health Belief Model	UNIT III/ Theories of Human Behavior and Health	7 & 8
<b>Week 4</b>	Protection Motivation Theory	UNIT I/ Protection Motivation Theory	9 & 10
<b>Week 5</b>	Developing a Health Promotion-Prevention Plan	UNIT X/ Developing a Health Promotion-Prevention Plan	3, 4
<b>Week 6</b>	Transtheoretical Model of Behavior Change	UNIT XII/ Transtheoretical Model of Behavior Change	7 & 8
<b>Week 7</b>	Use of Multiple Theories in Behavior Change	UNIT X/ Use of Multiple Theories in Behavior Change	7 & 9 & 11
<b>Week 8</b>	<b>Unit I Exam</b>		
<b>Week 9</b>	<b>Health Promotion Models</b> Pender Health Promotion Model	UNIT XIII/ Health Promotion Model	5& 6& 4
<b>Week 10</b>	O'Donnell Model of Health Promotion Behavior	UNIT XIII/ Adolescents' Health	5, 6, 9
<b>Week 11</b>	Mixed Models and Theories of Health Promotion and Prevention	Unit / Mixed Models and Theories of Health Promotion and Prevention	10
<b>Week 12</b>	Assessment and Data Collection	Unit /Assessment and Data Collection	
<b>Week 13</b>	Defining Health Outcomes	Unit / Defining Health Outcomes	11, 12

<b>Week 14</b>	Developing Health Promotion Programs	Unit / Developing Health Promotion Programs	13, 14
<b>Week 15</b>	Unit II Exam	Unit	13, 14

**\* Plus the three hours theory and two hours lab weekly, 10 hours (2 days) clinical training in Community health hospitals.**

**Requirements in the Clinical setting**

- \_ Uniform
- \_ Tag's name
- \_ Notebook

**Attendance Rules:**

Present = 8:00 – 8:30 AM

Late = 8:30 – 9:00 AM

Absent = After 9:00 AM

One Absent = Minus 2 points

Two Late = Minus 2 points