

University of Baghdad
College of Nursing
Psychiatric Mental Health Nursing

General Principles of Psychiatric Nursing.

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Principles

I. Patient Accepted Exactly as he is

II. Self-understanding as a therapeutic tool.

III. Consistency is used to contribute to patients security

IV. Reassurance to be given in a subtle and acceptable manner:

V. Patients behavior is changed through emotional experience not by rationale interpretation:

VI. Unnecessary increase in patient anxiety should be avoided:

VII. Observation of mentally ill patient is directed toward .."why of behavior"

VIII. Maintain realistic nurse-patient relationship.

IX. Verbal and physical force must be avoided if possible.

X. Nursing care centered on patient as a person , not on control of symptoms

XI. Routine and procedure explained at patient's level of understanding

XII. Many procedure are modified but basic principles remain unaltered.

Finished