

### Course Description Table

<b>Course Instructor</b>	<b>Assist.prof.:Dr.Ali K. Khudhiar</b> <b>Assist.instructor: Qahtan Q. Mohammad</b> <b>Faculty members of psychiatric nursing Unit</b>
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<b>Title</b>	<b>Professor/Chairperson of Pediatric Nursing Unit</b>
<b>Course Coordinator</b>	<b>Assist.prof:Dr.Ali kareem khudhair</b>
<b>University Name</b>	<b>Baghdad University</b>
<b>College Name</b>	<b>Nursing College</b>
<b>Department Name</b>	<b>Mental health &amp; Psychiatric Nursing</b>
<b>Class ID</b>	<b>Number (4)</b>
<b>Laboratory Name</b>	
<b>Course Objective</b>	<p>At the end of the course the student will be able to.</p> <ul style="list-style-type: none"> <li>• Discuss the trends, foundations, and concepts of mental health nursing.</li> <li>• Identify the community based nursing care (mental health promotion and mental illness prevention.)</li> <li>• Describe the ethical and legal issues in nursing.</li> <li>• Identify the mental health nursing theories.</li> <li>• Implement therapeutic communication and interpersonal relationship.</li> <li>• Apply the nursing process in providing the nursing care for the client.</li> <li>• Identify and assist in providing special treatment modalities.</li> <li>• Describe different types of psychiatric disorders.</li> <li>• Recognize client behaviors and problems.</li> <li>• Assess the mental health statues of client.</li> <li>• Chang the students attitudes toward mental health and mental illness nursing</li> <li>• Appraise the nurse’s role in the community mental</li> </ul>

	health nursing.				
<b>Course Description</b>	This Course provides students with basic Knowledge and understanding of various theories that explain the behaviors of mentally health and ill persons. It also develops clear and specific approaches to various mental problems that lead students to use the nursing process as a framework for effective care with a holistic view of each client (physical, emotional, spiritual, interpersonal, cultural, socioeconomic, and environmental Aspects).				
<b>Textbook</b>	Haber, J.; Leach, A.,M.; Schudy,S.,M.: Comprehensive psychiatric Nursing, 2nd ., Philadelphia: McGRAW-HILL Company, 1982.				
<b>Multimedia materials</b>	Project data show, overhead transparencies, & CD films				
<b>References</b>	<ul style="list-style-type: none"> <li>• Schultz, Judih &amp; Videbeck Sheila, Manual of Psychiatric Nursing Care Plans, seventh edition, New York, Lippincott Williams Wilkins, 2005</li> <li>• Gial W. Start, Psychiatric Nursing, fifth Edition, New York, Mosby, 2002</li> <li>• Stuart.G.W, Principles and Practice of Psychiatric Nursing, seventh edition, New York, Mosby, 2001.</li> <li>• Jonson, B.S, Psychiatric Mental Health Nursing, Fourth edition, Lippincott William and welkins, 1999.</li> <li>• Shives, L.R, Basic Concepts of Psychiatric Mental Health Nursing, 6th edition, New York, Lippincott William and welkins, 2005.</li> <li>• Articles related to different topics from nursing journals.</li> </ul>				
<b>Course Assessment</b> -Theoretical grade 20%: -Clinical grades 40%: -Final grade 40%	<b>2 units exam</b>	<b>Quizzes</b>	<b>Seminar</b>	<b>Clinical evaluation</b>	<b>Report</b>
	<b>15%</b>	<b>5%</b>	<b>10%</b>	<b>20%</b>	<b>10%</b>
<b>General Notes</b>	<b>The total grade is 100% divided into:</b> <b>1- Theoretical grade 20%:</b> <b>a. 2 units exam 15%</b>				

	<p><b>b. Quizzes 5%</b></p> <p><b>2- Clinical grades 40%:</b></p> <p><b>a. Evaluation of the practice in the clinical area 20%</b></p> <p><b>b. Clinical report around selected case 10%</b></p> <p><b>c. Seminar 10%</b></p> <p><b>3- Final grade 40%</b></p> <p><b>a. Theoretical exam 20%</b></p> <p><b>b. Clinical exam 20%</b></p>
<p><b>General Notes (continue)</b></p>	<p><b>- <u>Notes:</u></b></p> <p><b>1- The clinical practice starts on Monday &amp; tuesday from each week.</b></p> <p><b>The students divided into subgroups according to the capacity of the clinical wards from (5- 10) students and the rotation take place to cover the whole areas.</b></p>

### Course Weekly Plan

<b>Week</b>	<b>Date</b>	<b>Topics Covered</b>	<b>Lab. Experiment Assignment</b>	<b>Notes</b>
<b>1</b>	<b>27/9/2011</b>	<b>-Introduction to Psychiatric Mental Health NSG. course - Evolution of Psychiatric Mental Health Nursing.</b>	<b>-Orientation to the Hospital and Staff. -Principles of the Interview. - Application of Interview with patient.</b>	<b>Intensive Week</b>
<b>2</b>	<b>4/10/2011</b>	<b>Classification of - psychiatric disorder</b>		
<b>3</b>	<b>11/10/2011</b>	<b>General Concepts: -Psychiatric Nursing, , Psychiatric Patient, Therapeutic Milieu - Mental Health and Mental Illness</b>	<b>- Communication skills. Therapeutic and non-Therapeutic Approach</b>	
<b>4</b>	<b>18/10/2011</b>	<b>-Principles of Psychiatric Nursing</b>	<b>- Definitions of Terms (Symptomatology)</b>	
<b>5 + 6</b>	<b>25/10/2011</b>	<b>-Theories in Mental Health Nursing - Psychological, and</b>	<b>- Nursing Process; * Assessment. * Nsg. Diagnosis. (NANDA) * Outcome Identification. (Objectives) *Implementation. * Evaluation</b>	
<b>7</b>	<b>1/11/2011</b>	<b>- Neurobiological Theories</b>	<b>- Evaluation of the student during the Interview</b>	
<b>8</b>	<b>8/11/2011</b>	<b>- First Examination</b>	<b>-Quiz. - Psychopharmacology.</b>	
<b>9</b>	<b>15/11/2011</b>	<b>- Personality Disorders</b>	<b>- Psychopharmacology. - Nursing Intervention for each group.</b>	
<b>10</b>	<b>22/11/2011</b>	<b>- Nursing Care of Psychotic Disorders - Schizophrenia</b>	<b>Nursing Diagnosis and Intervention for more common problems in Mental Disorders (delusion)</b>	
<b>11</b>	<b>29/11/2011</b>	<b>- Mood Disorder</b>	<b>Nursing Intervention for more common problems in Mental Disorders Nursing Intervention for (suicidal patient</b>	

			attempt)	
<b>12</b>	<b>6/12/2011</b>	<b>- Anxiety Disorders:</b>	<b>Nursing Intervention for more common problems in Mental Disorders (aggression</b>	
<b>13</b>	<b>13/12/2011</b>	<b>*Obsessive-Compulsive Disorder (OCD) and phobias</b>	<b>Nursing Intervention for more common problems in Mental Disorders (obsessive compulsive disorder)</b>	
<b>14</b>	<b>20/12/2011</b>	<b>- Second Examination</b>		
<b>15</b>	<b>27/12/2011</b>	<b>- Treatment Modalities in Mental Disorders *Psychopharmacology * Electro-Convulsive Therapy (ECT)</b>	<b>Nursing role in treatment modalities and identify the psychotropic drugs used in psychiatric patient</b>	
<b>16</b>	<b>3/1/2011</b>	<b>- Community Mental Health Nursing - Mental Health Promotion - Prevention of Mental Disorders</b>	<b>Re- evaluation of the communication skills and how to use these skills in maintaining mental health</b>	
<b>17</b>	<b>10/1/2011</b>	<b>Final Student Exam</b>		

**Acting Dean Signature:  
Prof. Dr. Mohammad F. Khlifa**

**Instructor Signature:  
Assist.Prof. Dr. Ali K. Khudiar  
Chairperson Psychiatric-Mental Health  
Nursing Department**