



University of Baghdad
College of Nursing
Psychiatric Mental Health Nursing Department
Msc. Nsg. Program



History in Mental Health

Dr. Qahtan

Lecture outline

- Overview of mental illness history
- Historical Perspectives of The Treatment Of Mental Illness in Western World
- The History of Psychiatry and Mental Illness in Muslim Countries

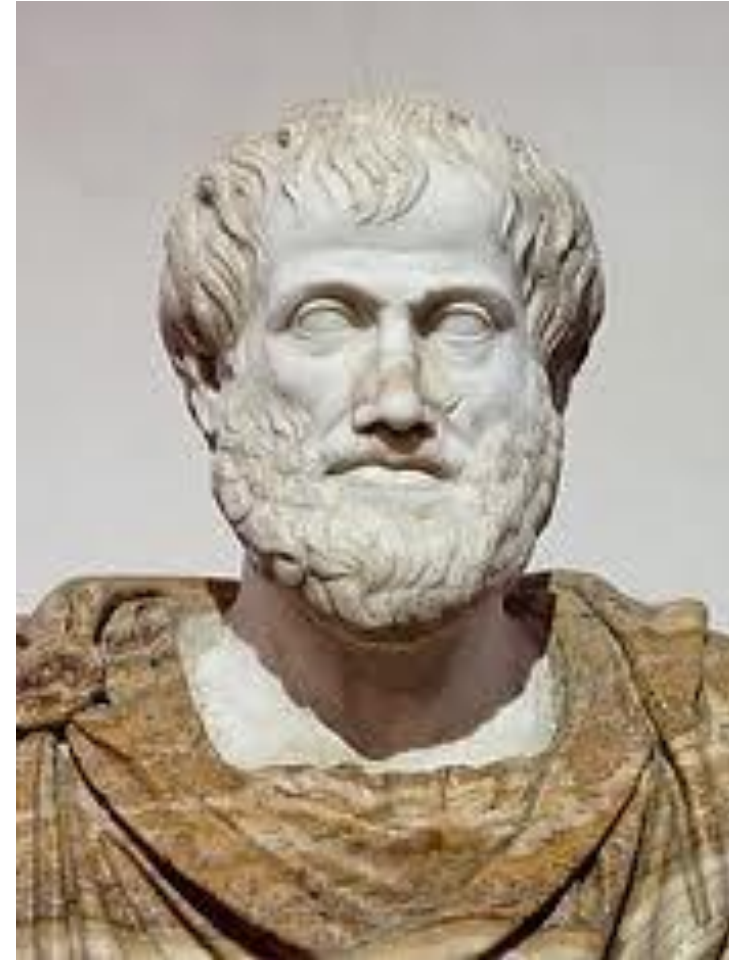
Overview of Mental Illness History

- Ancient time
- Middle age time (Greek and Arabs)
- Modern time (Freudian Pioneer and others)

Historical Perspectives Of The Treatment Of Mental Illness in Western World

Ancient Times (Cont.)

- Later, Aristotle (382–322 BC) developed “Humors theory”



Ancient Times (Cont.)

- In **England** during the **Renaissance** (1300–1600), people with mental illness were distinguished from criminals.

Ancient Times (Cont.)

- The Hospital of **St. Mary of Bethlehem** was officially declared a hospital for the insane, the first of its kind.

Hospital of St. Mary of Bethlehem



Period of Enlightenment and Creation of Mental Institutions

- In the 1790s, Philippe Pinel in France and William Tuke in England formulated the concept of **asylum**



Period of Enlightenment and Creation of Mental Institutions (Cont.)

- Dorothea Dix (1802–1887)



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Sigmund Freud and Treatment of Mental Disorders



Sigmund Freud and Treatment of Mental Disorders (Cont.)

- Freud challenged society to view human beings objectively. He studied the mind, its disorders, and their treatment as no one had done before.
- Kraepelin began classifying mental disorders according to their symptoms
- Bleuler coined the term *schizophrenia*.

Development of Psychopharmacology

- A great leap in the treatment of mental illness began in about 1950 with the development of psychotropic drugs.
- Chlorpromazine (Thorazine), an antipsychotic drug, and lithium, an antimanic agent, were the first drugs to be developed.

**Move toward Community Mental
Health**

The History of Psychiatry and Mental Illness in Muslim Countries

- Prosperity time
- Degradation time
- Renaissance time

The End