

Introduction to Maternal and Newborn Nursing



objectives

At the end of this course the students will be able to:

- Identify the goals & philosophy of Maternal & Child Health nursing

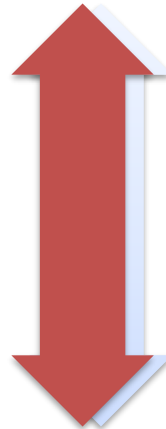
Definition of Maternal and newborn Nursing

It is nursing practice focusing on child bearing and child rearing families

Objectives

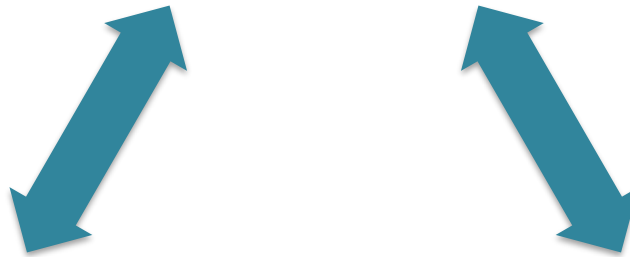
- To have healthy children
- To promote the health of the children bearing woman and her family from the time before children are born until they reach adulthood
- Prenatal care and guidance are essential to health of the woman and fetus and to emotional preparation of the family for child rearing
- Family needs to continued health supervision and support when children grow.

Nursing role phases



Health Promotion
Growth & Development
of child & family in
health and illness

**Maternal and
Newborn Nursing
divided into two fields**



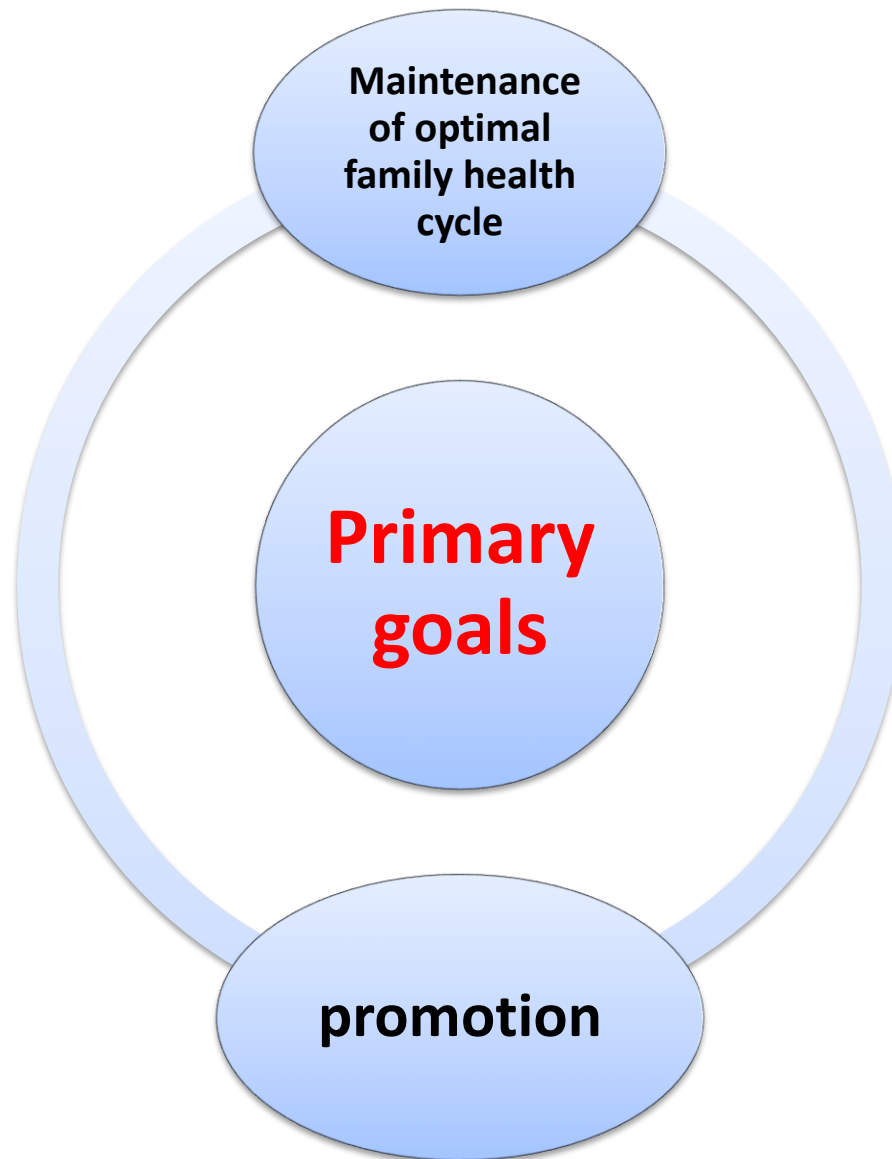
Child bearing



Child rearing

But the scope of nursing practice is not two separated entities but one maternal and child health

Primary goal of maternal and child health nursing care



Maternal and Newborn Nursing Practices include

- Preconception health care
- Care of woman during 3 trimesters of pregnancy and pureparium period (6 weeks following child birth or 4th trimester of pregnancy)
- Care of children during prenatal period (6th weeks before conception to 6th weeks after birth)
- Care of children from infancy through adolescence

Maternal and Newborn Nursing Settings

Birth room

**Pediatric
intensive care
unit**

Home



Philosophy of Maternal and Newborn Nursing

Maternal and Newborn Nursing is always family centered because

- Care in all setting
- The level of family functioning impacts the health status of individuals positively or negatively

If family level of functioning is **low** the emotional, physical and social health and potential of individuals in **family can be adverse affected.**

Reference

•Pillitteri A., *Maternal & Child Health Nursing* 3rd ed., Lippincott, 1999

A **healthy family** establishes an environment conducive to growth and health promoting behaviors that sustain family members during crises

Health of individuals and the abilities to **function** **strongly influence** the health of family members and overall family functioning

Family centered approach enables **the nurse** to better understanding and individuals and in turn provide **holistic care**

The Family



The Family

Definition

Two or more people who live in same household share a common emotional bond and

Family concept

The concept of family health perform the recognition that the well-being of an individual even in his physical, organic part is profoundly affected by the primary social group which is the family. (WHO)

Family manifested both wellness and illness behaviors, wellness behaviors may decrease during period of raise stress, assessing families this be helpful in establishing the extent of illness, wellness behaviors and empowering a family to move toward healthy behaviors **perform certain interrelated social tasks**

Family-centered maternity care

Definition

A system for the delivery of safe, high quality health care adapted to the physical and psychosocial needs of the patient, the patient's entire family and the newly born offspring

(Mosby's Medical Dictionary, 2009)

Or is a philosophical approach to prenatal care and birth, providing care to the pregnant woman in the context of her family.

Family centered maternity care **may be carried out in any birth setting:**

- home birth,
- birth center birth,
- hospital birth or emergent birth.

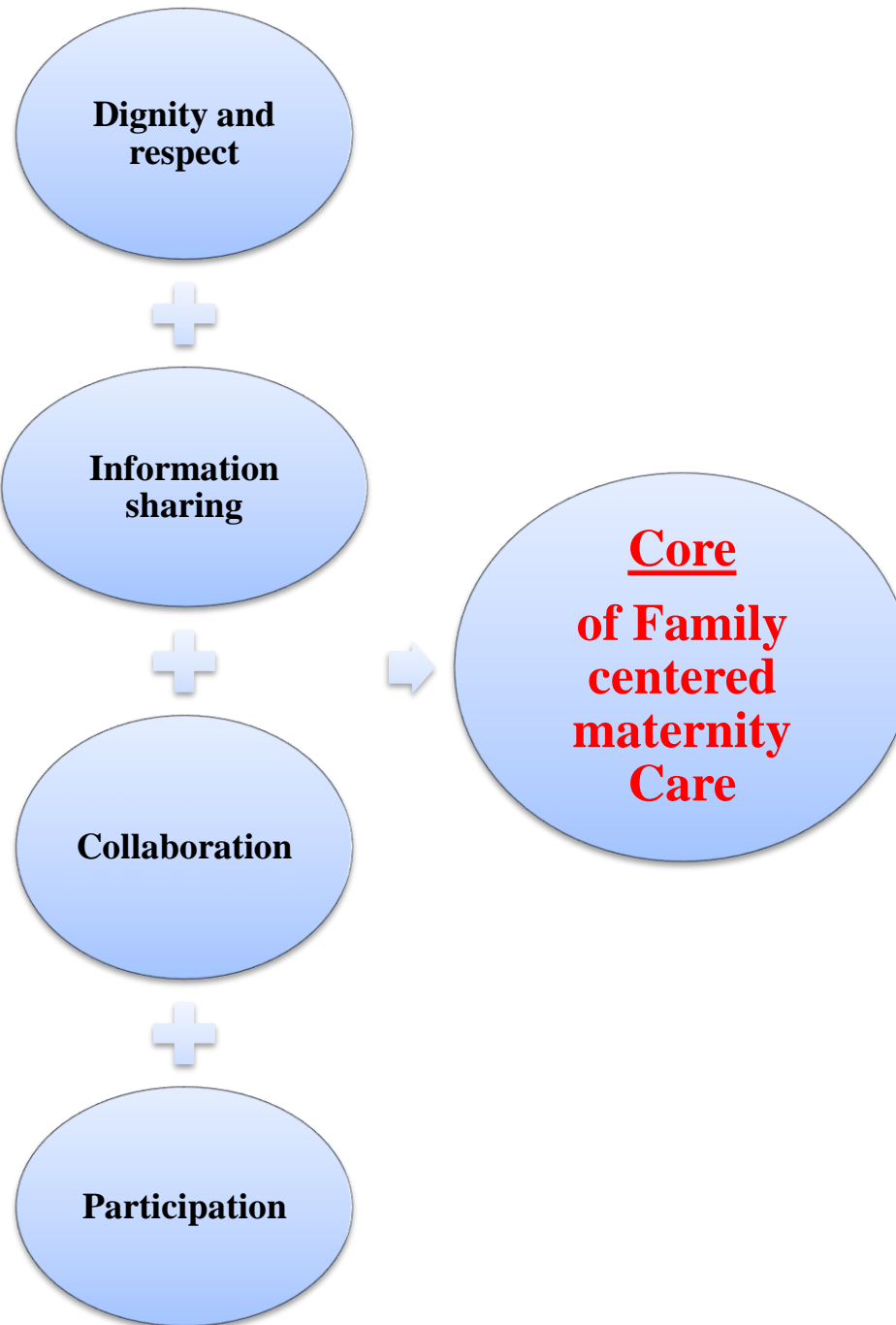
Family-centered maternity care **respects** the family as a unit, the mind-body-spirit of the family, and provides evidence-based care accordingly.

Descriptions of family centered maternity care program.

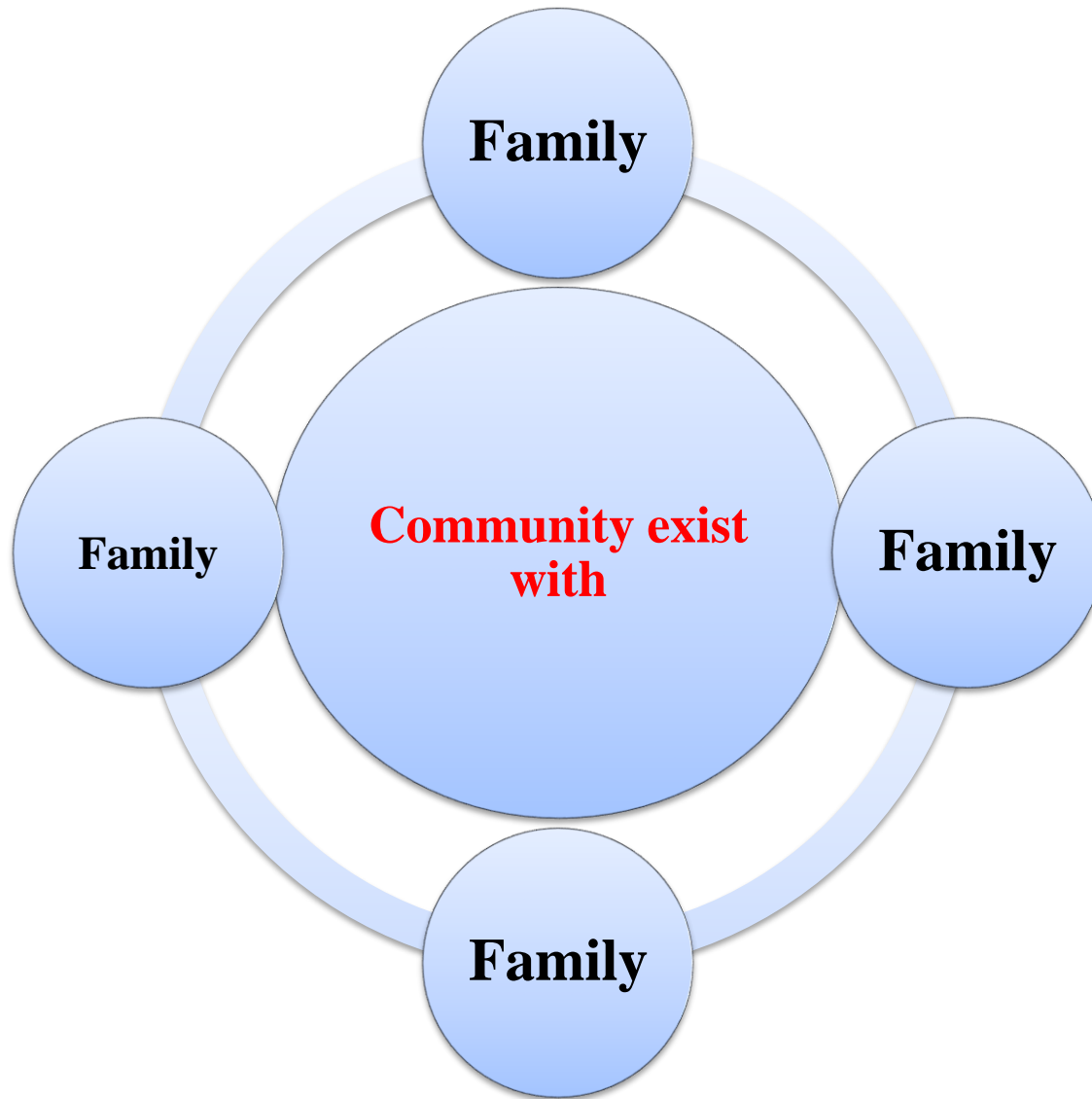
Families are defined broadly to include birth, blended, kinship, and foster and adoptive families. satisfying obstetrical experience for the family.

- Husbands are invited to prenatal visits, and are involved in intensive preparation the baby,
- The utilization of the postpartum period for an intensive training in parenthood,
- For labor and delivery.
- Active participation in labor, delivery, and postpartum course are encouraged.
- A rooming-in.

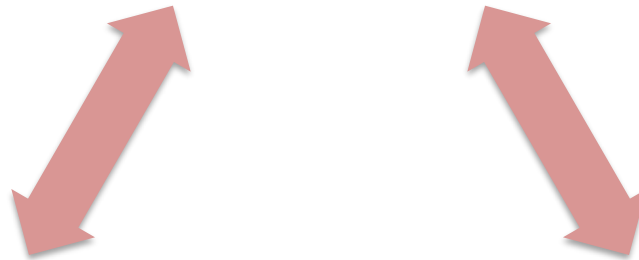
This program focuses on **children's safety and needs within the context of their families** and communities and builds on families' strengths to achieve optimal outcomes.



Care of family as part of community



**Care of the family
within community**



**Assessment the family
place within the
community**

**Determined the health
problems in particular
communities and its
relationship with family**



Take further information on family functioning

Preconception

Preconception health

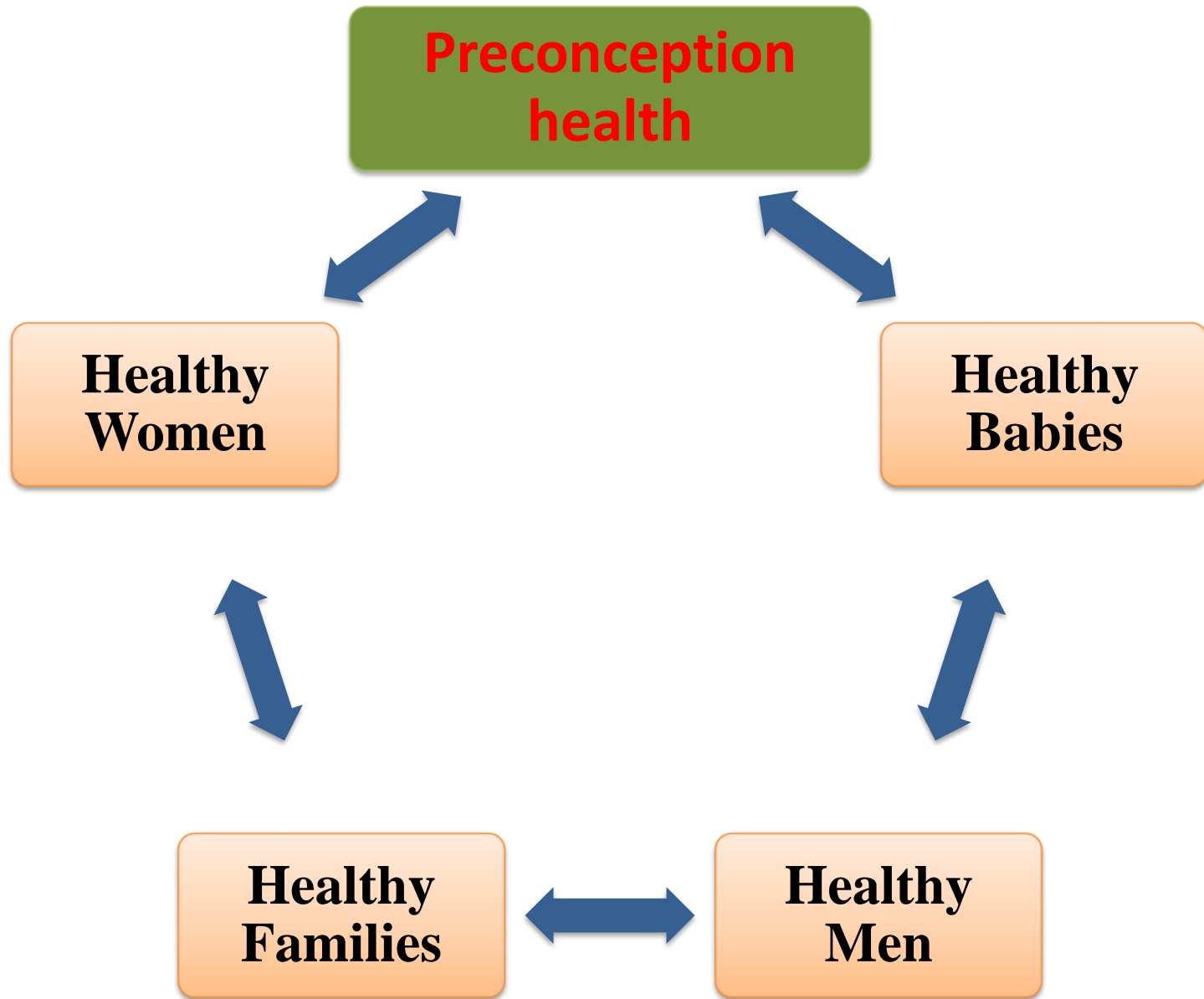
refers to the health of women and men during their **reproductive years, which are the years they can have a child**. It focuses on taking steps now to protect the health of a baby they might have sometime in the future.

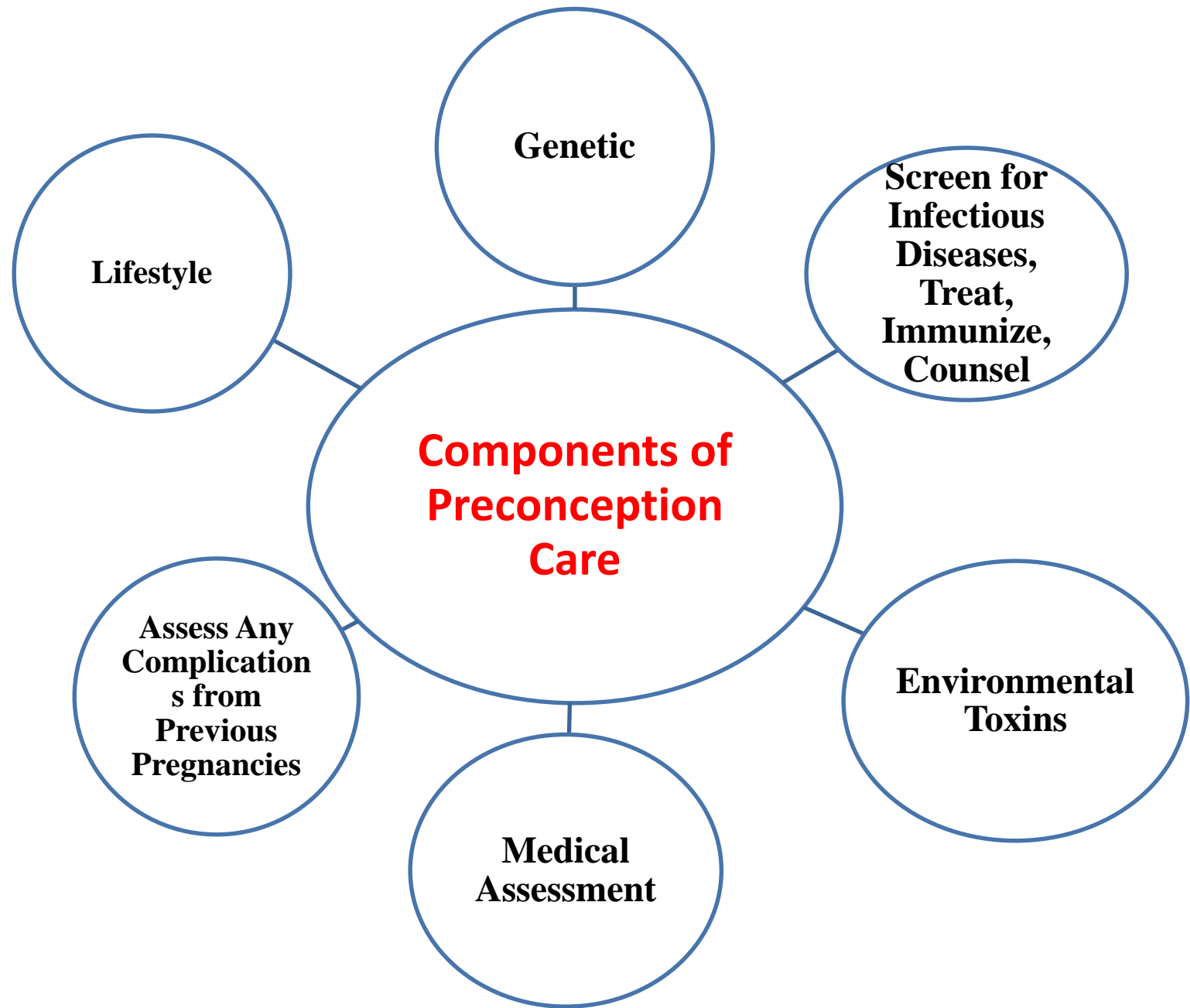
Preconception care

is the provision of biomedical, behavioral and social health interventions to women and couples before conception occurs (WHO, 2012) .

It aims to

- Improving their health status,
- Reducing behaviors and individual and environmental factors that contribute to poor maternal and child health outcomes.
- **Its ultimate** aim is to improve maternal and child health, in both the short and long term and to improve pregnancy outcomes and women's health in general through prevention of disease and management of risk factors that affect pregnancy outcome and the health of future generations.





Thank You